



# Meditation

The Art of Inner Listening  
*with Sujatha*

**Fridays 7–8 p.m.**

**March 19, April 23 & May 14**

Learn to become present in your life,  
to live with greater compassion for yourself and others.

Join us for one or all dates!

Love Offering—\$10

Sign up at the front desk  
or call Akasha to register.

